BODY & SOUL

Lingerie shop reveals secrets of lasting love



FOOD & WINE

Investing in SPQR: The cash and the cachet

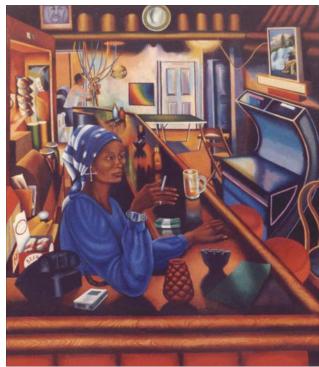


The rise and fall of Zao

PAGE 1

New FILLMORE

SAN FRANCISCO FEBRUARY 2008



Portrait of Minnie Baker, 1973, by Nicola Lane

The Can-Do Still Does

By Nicola Lane

ONDON — I am an artist and filmmaker living in London.

It was with great joy that I discovered the story in the July 2007 issue of the New Fillmore when I was searching the web — as I do from time to time — for Minnie Baker and the

Can-Do Club on Fillmore Street.

I am so happy to find Minnie again. It is no surprise that instead of taking it easy at 74, Minnie is sailing around the world. In the merchant marine!

I have never stopped thinking about her and her power to heal and take care of people. That's what she did for me.

STORY, Page 1

Ralph Lauren Goes Country on Fillmore

But it's a 'formula retail' business, so chain store law requires a permit

By Don Langley

HAT WAS announced last summer as a Ralph Lauren Rugby store at 2040 Fillmore Street, with a projected opening date of September 2007, will now be a Ralph Lauren Country store with a target opening date of the end of August 2008.

The location was formerly the home of Smith & Hawken.

"Polo has desired a presence on Fillmore Street for some time," said project manager Bill Oster. He described Ralph Lauren Country as a new brand, mostly fashion-oriented, and said the store, if approved, would have a traditional look with extensive woodwork, including pine floors and "lots of mahogany."

"lots of mahogany."
Ralph Lauren last year opened a Rugby store featuring a line it describes as "eclectic prep" nearby at 2071 Union Street.

Because Ralph Lauren falls under the city's formula retail ordinance regulating chain stores — which includes businesses with more than 11 stores offering standardized merchandise — the company must obtain a conditional use permit from the Planning Commission.

A hearing scheduled for January 31 was delayed until February 14 after the Pacific Heights Residents Association raised objections. Ralph Lauren's representatives will meet with the group on February 4 to discuss their plans for the site.

Paul Wermer, a director of the residents association, said he has "real concerns of Fillmore becoming an upscale mall with only chains coming in, leaving no opportunity for small local shops and neighborhood serving businesses."

Fillmore already has many chain stores that were operating before the formula retail ordinance was enacted last year.

Oster said he was surprised a public hearing was required before opening the store. "It's unusual to have to go for conditional use in a neighborhood already zoned for retail," he said.

Merchants have complained that Ralph Lauren has "left an empty hole in the heart of our neighborhood for six months," as one letter said, that will continue to remain empty for much of this year.





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LETTERS

A floral wreath was left by a tree near Pine and California

Remembering a Life Lost Too Soon

TO THE EDITORS:

I am sending this e-mail to request a picture in your November 2007 edition. It was published with the article regarding the pedestrian death of Ali Shepherd on Pine Street and the wreath that was placed at Pine and Fillmore.

I am the brother of Ali Shepherd and I am the one who placed that wreath there on Saturday, October 20, the day after her funeral service in San Rafael.

It would mean a great deal to have that picture. The wreath was my way of getting to say goodbye to her at the last place she was alive on

I only wish you could have known my sister and the impact she had on the lives she touched. Her accomplishments were not only in her professional life, but also in the relationships she shared with family and many, many friends, Ali lived life in the moment, never missing an opportunity to include others. She and her husband Jim loved to visit the Fillmore with friends to share all the neighborhood had to offer, and still does

I will be back to Fillmore every time I visit the city because her spirit is alive on that corner. I also mised the management at the Elite Cafe I would share a drink with them to toast Ali at what was her destination that fateful evening.

DAVID W. DUFFY

Here's to a Great Neighborhood Hotel. I would not have known

TO THE EDITORS:

I have been meaning to write you for some time now. My husband and I love your newspaper We look forward to it every month. Sometimes we even pick up two copies so we can each read through it at the same time. For some context, I never read

newspapers - I get my news elsewhere. However, when I receive your paper I read every word, even the ads. I have learned so much about our neighborhood from reading your articles.

During the Cherry Blossom Festival, my husband and I attended the special events inside the Miyako

about these events had I not read about them in your paper. We also went to see the play, After the War, based on your article.

Recently, we volunteered at the Alta Plaza Park volunteer day We saw the posting for the event in your paper and had a wonderful time. It was great being able to contribute back to the neighborhood that we love. My husband and I look forward to making this a monthly volunteer activity.

I can't thank you enough for the New Fillmore. Keep up the great

JENNIFER CAMPBELL

THE NEW FILLMORE

Art Director Ginny Lindsay News Editor Don Langley

Advertising inquiries ads@newfillmore.com or 441-6070

YOUR NEIGHBORHOOD NEWSPAPER

Fillmore Center's new plaza will be more colorful.

Fillmore Center Revamping Its Plaza

EMOLITION of the windswept concrete plaza at the Fillmore Center will begin this month, clearing the way for a new semicircular colonnade paved with colorful tiles that will radiate outward from a fountain at the corner of Fillmore and O'Farrell Streets

The makeover will take at least four months and cost nearly \$2 million. The owners expect it to be unveiled before the annual Fillmore Jazz Festival in

"We view this as a gift to the neighborhood that will create a real sense of place in the heart of the Jazz District," said Steve Boyack, the former manager of the Fillmore Center who is now a

vice president in owner Laramar Group's Chicago headquarters.

Boyack said the new plaza will include a performance space with built-in lights and speakers accommodate concerts, outdoor cinema and other public events. Fabric panels can be dropped into the structure to provide a backdrop and reduce winds.

"This will be a high-design space with lush landscaping and lots of built-in seating," Boyack said. "We want this to be an inviting public space."

It will also incorporate facilities for the Fillmore Farmers Market, which resumes at the end of April, Boyack said he hopes the improvements will encourage the year-round operation of the market.

Japantown Planning Kicks Into High Gear This Month

for the future of Japantown is for the ruture of Juran.
beginning, with at least seven focus groups and a community meeting scheduled in February.

The general meeting on February 12, to be held from 6 to 9 p.m. at the Japanese Community and Cultural Center at 1840 Sutter Street, will include an undate on the progress of the joint efforts of the San Francisco Planning Department and the Japantown Better Neighborhood Steering Committee. At the meeting, members of the public will be invited to comment on the recommendations of a coterie of consultants.

The separate focus groups will look at preliminary solutions to a series of specific issues raised in public forums last year.

In March, two sessions will be devotaffecting Japantown's future: remaking with an invitation for public comment.

■ PRIORITIES FOR JAPANTOWN

A number of priorities have been identified by the community during the first year

- Maintaining and enhancing Japanese design
 Maintaining the "feel" scale, size and character of the neighborhood
 Addressing building heights, bulk, shadow, wind impact of new development
 Opening up the malls and Peace Plaza to Geary Blvd. and Post Street
- Addressing the high-rise tower proposed at 1481 Post
 Providing inter-generational entertainment and gathering space
 Providing financial programs to retain small businesses
- Developing a museum or cultural center
 Ensuring space for existing small businesses
- Creating mixed-use space for housing, retail and institutional use Providing financial programs to retain community non-profits

Japan Center and the proposed 38-story condo building at 1481 Post Street. A full schedule of the meetings is posted

At a December gathering, the new owners of Japan Center presented a number of options for change, all of which would reed to two of the most significant issues online at japantown.sfplanning.org, along sult in turning the center inside out, with shops opening onto Post Street and Geary substantial fee

plete rebuilding of the center, in some instances attempting to create the ambiance of a village with open-air pathways. In some of the plans new open space would compensate for encroaching onto the Japantown Peace Plaza, which is a city park.

One of the problems to be worked out is the disruption of current businesses while much of the center is demolished and re-

The proposed 38-story condo project at 1481 Post Street continues to be a concern. Directors of the Japantown Task Force worry about the precedent the building would set. However, task force executive director Robert Hamaguchi pointed out that if the complex has 400 units, the developer will be required to make 60 of them affordable, or build 80 units somewhere within a one-mile radius, or pay a

No New Name

for Jazz District;

Maybe Eddy St.

JST AS ACTIVISTS are pushing a new



Blue Bridge Will Remain and Be Repaired Again

relocated or put into storage, doesn't include storage.

the Redevelopment Agency, which com- part of a new Geary transit plan.

"It will cost at least \$300,000, and per- have been repeatedly vandalized since the

haps as much as \$500,000, to remove it," artwork was installed a decade ago. Some vandalized, he said.

"Blue," the public artwork on the bridge at

Fillmore and Geary, will remain in place.

At a recent meeting, the Citizens Ad-visory Council was told by officials from

missioned the artwork, that it would be too

expensive to take it down.

dation that it be removed and Armstrong told the group. "And that placed, some more than once.

other \$20,000 each year to maintain them.

The blue glass panels etched with words

reflecting the area's disparate ethnic groups

She noted the bridge may be changed as

ESPITE AN earlier recommen- the Redevelopment Agency's Gaynell of the glass panels have already been re-

Armstrong said it would cost about Meskunas, vice chair of the advisory coun-

needs to be fixed.

the Fillmore Auditorium

\$20,000 to repair the glass panels and an- cil. "If we're not going to take it down, it

Going ... going .. staving. The often vandalized blue glass panels on the bridge at Geary and Fillmore.

plan to rename part of Eddy Street to honor black nationalist Marcus Garvey, the Redevelopment Agency has quietly dropped a plan to rename the entire Fillmore Jazz District. Gaynelle Armstrong, project manager for the agency's work in the Western Addition, had proposed that the area be renamed the African-American Jazz Pres-

"This thing is an eyesore," said Barbara

Rev. Arnold Townsend, who chairs the

ervation District on Fillmore. She got a cool reception when she presented the idea in December to the Citizens Advisory Council, which tabled the proposal until a future meeting. Armstrong

said recently she has abandoned the idea. "I'm not going to bring it up again," she said. "It was my idea. It may have been a bad idea, but I was surprised to hear somebody say I insulted them."

At the December meeting, club owner Agonafer Shiferaw called the proposal an

insult to many in the neighborhood. "We need an economic development

plan," he said. "Don't change the name. It would be much better to get 10 more black-owned businesses on the street."

Michael Johnson, who developed the Fillmore Heritage Center, which includes Yoshi's jazz club, also opposed the idea, saying it was better to "maintain the area's identity as a cross-cultural destination."

council, said the problems are caused by A group called Brothers for Change has rowdy fans attending concerts next door at proposed that six blocks of Eddy Street, from Laguna to Divisadero, be renamed "As long as it's there, it's going to be Marcus Garvey Way. The mayor and Board of Supervisors have approved the plan.

February 2008 NEW FILLMORE 3

Every month, 20,000 copies are delivered to homes and businesses in the Fillmore, Pacific Heights and Japantown. We thank you for your support and encouragement and we welcome your suggestions and story ideas.

Archive of recent issues: www.NewFillmore.com Your comments and letters about the neighborhood are welcome there, too

Editors Barbara Kate Repa & Thomas R. Reynolds

Published on the first weekend of each month. Deadline: 20th of prior month Member of the San Francisco Neighborhood Newspaper Association

Hot Prowl Arrest Pacific and Steiner Streets December 2, 2:30 p.m.

A pedestrian observed a man climbing over a tradesman's door. The witness flagged down a passing patrol car. A second officer came to assist. Together, the officers pushed open the door. Inside was a staircase: a man was loitering on the deck at the top of the stairs. On the handrail of the deck, the officers found a knife with white paint residue on its blade. The suspect was detained.

Officers then questioned two women at the residence: neither of them knew the suspect, nor had they given anyone permission to come onto their property. The suspect was booked at Northern Station.

Aggravated Assault With Gun or Homicide Geary and Laguna Streets December 14, 8:45 p.m.

Officers received a report that shots had been fired. They found shell casings at the scene. As the officers were interviewing witnesses, dispatch was alerted that a tomer to go to the back of the store. He gunshot victim had been admitted to San Francisco General.

Officers went to the hospital to interview the victim, who was in surgery when they arrived. Later they learned that the victim had died. The incident is still under investigation

Robbery With a Gun Van Ness Avenue and Ellis Street December 19, 3:25 p.m.

An officer responded to a business after a report of a robbery. The store employee told the officer that the suspect had entered the store and began looking at cellphones. He waited until the other customers left the store. Then he pulled a gun from be-

employee, Certified Pet Dog

Trainer and graduate of the MHS Canine Behavior Academy

New Local Safety Program Launched

across the street from the Pacific Heights School at Jackson and Webster is organizing a new neighborhood watch program

While the primary purpose of the group is safety — the neighborhood market below her apartment was recently robbed - organizer Kimberly Merlitti says she is also concerned about an increase in graffiti and marijuana smoke in the area.

The SAFE - Safety Awareness for Everyone - program was originated by the San Francisco Police Department,

but has since been spun off as a private non-profit organization still funded in part by the Police Department.

To be most effective, Merlitti savs this SAFE effort will focus on the immediate area within one to two blocks of the Jackson and Webster

A meeting for interested neighbors will be held on February 19 at 8 p.m. in the second floor conference room of Pets Unlimited, at 2343 Fillmore Street. More information is available from Merlitti at 730-0023 or merlitti@sbcglobal.net.

neath his sweatshirt and told an employee Aggravated Assault to empty all the cash drawers.

A new customer entered the store. The suspect ordered the employees and the cusput several employees into a back room; the rest waited in the hallway. The employees heard a single gun shot. They did not know if anyone had been shot.

Then the suspect ordered an employee to open the safe. The employee complied, and gave the suspect the money. The employees were ordered to lie on the floor and warned not to call the police.

The suspect was described as a black male, 20 to 25 years old, 5 feet 10 inches tall, with black hair and brown eyes. He was wearing a blue beanie with a small puff ball on top, a hoodie and a long-sleeved blue shirt. No one was injured during the incident; the gun had been fired as a warning. The suspect fled the scene

Van Ness Avenue and Post Street December 20, 11:20 p.m.

Officers received a call about an assault, When they arrived, the injured man was already in an ambulance, with a swollen red eye and a bloody, swollen lip. Witnesses reported that they had seen the suspect push the man to the ground. The assailant punched the man with his fist, then got up and kicked him in the head.

Officers were unable to get a statement because the man injured in the beating was intoxicated. However, based on the witnesses' statements, officers were able to arrest the suspect. He was booked at North-

Aggravated Assault With Vehicle amento Street and Van Ness Avenue December 21, 7:01 a.m.

Officers responded to a report of a pos-

sible hit and run. When they arrived, an injured woman was receiving medical attention at the scene. She informed the officers that she knew the suspect. She had been shopping in a store when the suspect approached her. She did not want to speak to him and ignored him. She then left the store and began walking to her car.

The suspect drove up alongside the woman, who shouted at the suspect to leave her alone. The suspect then grabbed the woman's arm and pulled her into the driver's side window of the car, forcing her to run alongside the vehicle. The woman lost her footing and fell; she was dragged for 30 feet alongside the car. The suspect had fled the scene by the time police ar-

The matter is being forwarded to the District Attorney's Office for prosecution.

Gough and Ellis Streets January 12, 8:15 p.m.

Officers responded to a call summon-ing them to the Sacred Heart Cathedral Preparatory School gym after a report of a shooting there. They arrived to find a victim unconscious and not breathing. The officers rendered medical aid at the scene and requested additional medical aid, but the victim was pronounced dead at the scene. The homicide is being investigated.

Malicious Mischief Sutter and Fillmore Streets January 13, 6:30 p.m.

Witnesses reported an act of vandalism in progress. Officers arrived to find a suspect repeatedly kicking a glass door, caus ing it to break. The subject, who was visibly intoxicated, was placed under arrest and booked at Northern Station.

■ STREET TALK

Mall developers check out Fillmore

It was hard to know whether to be flattered or threatened when a crev from one of the largest developers of shonning centers on the east coast visited Fillmore last month.

About 50 real estate specialists from Evans & Avant spent a day here, visiting businesses and hosting a private dinner at Vivande.

We want to see how to do it right," said one of the company's executives, who added that her crew was also looking for ideas at Santana Row in San Jose.

SPOTTED: A reception on Fillmore last month brought the return of Iris Fuller, the creative genius behind Fillamento, whose store sparked the renaissance of Upper Fillmore when she opened in the early 80s.

It was as if the locals had spotted a rock star. "We loved Fillamento," "We miss it so much." "It was like a design museum," admirers told her Fuller is now living in Sonoma,

but still hankers for the big city, and is said to be involved in a project to create a new store not far from

NEW SHOPS OPENING: Yet another women's boutique is coming to the space just vacated by Hydra at 1919 Fillmore . . . and yet another spa is coming to the long-vacant space that formerly housed the Aneu Skin Center at 2326 Fillmore.

Nice guys finish first: So says the Bay Guardian in a glowing review of Cassis, at 2101 Sutter, concluding, "It's not a destination restaurant but a neighborhood one, and the neighbors, having reclaimed the space after a long struggle, seem to be pleased.

Another Obituary at the Victorian House

With its top volunteer gone, one of Fillmore's oldest thrift shops will close

OME SAID the Victorian House Thrift Shop would never survive without Audrey Clock, the longtime lead volunteer who died December 5 at age 91.

They were right.

The Victorian House, at 2033 Fillmore, will soon close after more than three decades as a neighborhood charitable fundraiser first for the Presbyterian Hospital ladies guild and, more recently, for the California Pacific Medical Center Foundation.

Foundation leaders "called me in and asked me if I thought we could make a profit," said manager Nathan Howard, Audrey Clock's close friend she handpicked 19 years ago to run the shop. "I had to tell them no."

Howard pulled his own plug, he said, because his corps of volunteers has dwindled and his rent has multiplied - many times. The hospital paid \$2,500 a month when the store moved to its current location in 1998. Now the rent is going up from \$8.000 to \$13,000 — plus a monthly addon for the building's upkeep, taxes and

With about 2,000 square feet, the store has been long sought by commercial real estate agents with clients eager to be on the



"Eventually all thrift shops will die." says Victorian House manager Nathan Howard, with the late Audrey Clock.

stretch of Fillmore between Jackson and Bush, which continues to be the among the city's most desirable commercial districts outside Union Square.

Several national retailers have con-

sidered the space, and the search is now said to be down to a final three, including one retailer on the same block who wants to expand.

"There's no closing date yet," said Howard. For now, it's business as usual at the Victorian House. and donations are still being accepted for a big closing sale.

"It's part of the bigger econom ic picture of the evolving scene," said Howard "Eventually all thrift shops will die."

He admitted Audrey's death had a big impact on the store.

"Coming to work used to be entertaining when Audrey was here," he said. "But now it's no fun

He acknowledged, though, "It wasn't going to survive anyway.

"I had to tell them, it's my professional opinion that you can't make a go of it," Howard said. And he is indeed a professional, a lifelong part of the local thrift shop scene. He first worked at the Bar gain Mart on Divisadero Street, then at Seconds to Go a counle of blocks up Fillmore. That's where he met his longtime companion,

Fay Dara, who still works there. "We hope to make a graceful exit," Howard said of the coming closure. "I know the neighborhood will miss us. The Victorian House is part of its social history.

Am I the dog for you?



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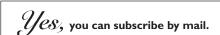


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The Archbishop Cometh

Enthroned as the new Anglican leader, and at home on Sacramento Street

By Thomas Reynolds

■HAT distinguished looking gentleman with the silver hair and the purple vestment you see walking around the neighborhood got still more distinguished last month: He was enthroned as the new archbishop of the Anglican Province of Christ the King, which includes most of the traditional Anglicans in the western United States.

Among those in the pews to witness his elevation was the gang from the bar at Florio on Fillmore Street. The Most Rev. James Eugene Provence often has dinner at the bar with the regulars

"I've had some serious theological discussions there," he says. "People will sit there and, after a couple of pops, they'll ask a question

The archbishop has been in the neighborhood for nearly nine years as the parish priest of St. Thomas Anglican Church, which is housed at 2725 Sacramento Street in a perfectly proportioned small chapel that would be at home in an Italian hill town. He came to St. Thomas after serving at several other California congregations, most recently at St. Stephens on Oakville Grade in Napa Valley, a rather more rustic setting than

"Here we've got flush toilets," he chuckles. "There we had an outhouse

His irreverence reflects his proclivity for a pragmatic approach to faith.

"One of the main jobs is to personalize it, and you only do that if you're with people," he says. "It's really important to me that people see how to apply things practically in what they're going to do that afternoon."

OR ALL OF HIS modern sensibility, the archbishop's religion is something of a throwback. The province he heads was formed in 1977 when a group broke away from the Episcopal Church after major changes in practices and theology that moved the church toward more social action. So the breakaway group renewed its commitment to the 1928 Book of Common Prayer and



Archbishop James Eugene Provence remains parish priest at St. Thomas Church at 2725 Sacramento Street a traditional Anglican congregation with a small chapel that would be at home in an Italian hill town

to traditional forms of doctrine and liturgy, including a priesthood open only to men.

"Women priests — that became the lightning rod," said Archbishop Provence. "But there were significant changes for men, too, that we rejected."

Then he was still Jim Provence, a broadcast engineer in radio, television and later film. He was a layman in an Episcopal Church and became a founder of one of the new Anglican congregations. Learning about the theological changes led to his decision to go to seminary in 1980. Ordained as a deacon in 1983 and as a priest in 1989, he became bishop of the western diocese in 2003, and is now only the second archbishop of the Anglican Province of Christ the King.

RCHBISHOP PROVENCE was elected and immediately assumed his responsibilities last summer when the first and only archbishop retired after nearly 30 years in the position. But the ceremonial passing of authority occurred on January 25 with his enthronement. It was a ritualistic ceremony full of tradition. He knocked at the door of St. Peter's Pro-Cathedral in Oakland, was escorted to the cathedra given the pastoral staff and greeted by the bishops before

Even with his broader role, he remain the parish priest at St. Thomas, just as others in the church hierarchy also continue to serve a congregation in addition to their administrative responsibilities.

"It makes certain the people making the decisions are living with them," he says.

He acknowledges it is a bit ironic to find a conservative congregation made up of about 100 members, in the heart of a liberal city.

"We have lots of people from the financial world, he says. "Our members tend to be more traditional and more politically conservative - although we don't talk politics," he

"It does presen difficulties to be a conservative church in

a liberal town," he says, but he points out that he was born in San Francisco, and that his ancestors were in the Bay Area since 1860. "Being a traditional person in San Francisco, while having its challenges as a priest, doesn't particularly challenge me the way it would someone who

E HAS BECOME a familiar presence on the reets of the neighborhood, immediately cognizable by his clerical collar and brilliant purple shirt, the color worn by Anglican bishops and archbishops.

"That's one of the reasons I like this neighborhood so much," he says. "I can walk it, and live it, and shop it. We don't have to talk about theology. We can talk

St. Thomas is "to a great extent a neighborhood congregation," he says, and he sees it as his mission to reach out to what he calls "the larger neighborhood parish" outside the walls of the church.

"I do bring in people I meet in Florio or Eliza's or outside Mollie Stone's," he says. "Some of the people I meet make the transition to become members of St. Thomas. I'm not out there selling it, but I'm available to

I have been working at Toujours, the petite lingerie shop on Sacramento Street just around the corner from Fillmore. I've been a salesclerk and bra-fitter, but also a therapist and a shoulder to cry on - and every now and then a disappointment, when I had to say "No, I simply can't get that for you in purple" or "No, I don't think you can make it work; it just doesn't fit." I've made friends, made an enemy once

- thank goodness we've made up - and had the pleasure of working with some of the most loving and generous women

But perhaps the best perk of working in a classy little neighborhood lingerie shop is the opportunity to meet lots of people who have loving, lasting romances - not just relationships, not just marriages, but actual romances - the kind we all long for and dream about, the blushing, giggling, toe-curling, hot, satisfying relationships that last.

In my first year in the shop, I met a man who was shopping for his wife. He had a smile on his face as he handed me a simple cotton gown and fleecy robe and said, "Wrap it up."

"What's the occasion?" I asked. He answered, "We've been married for 25 years, and our anniversary is coming

"Wow," I said, "what's the secret?" He paused for a moment before answering. "Whoever you are," he said slowly, "whoever your partner is, you will change. You can rely on that. The key is to be curious about the changing. Be open and curious about the pull of your own heart - and be open to, and curious about, the ways your partner will change. It's not easy, but it is an adventure in love.

What began as an attempt at small talk became something much greater. In that moment, I knew I would learn more than lingerie from this job.

Since then, I have often asked similar questions. "Got any advice?" "Any words of wisdom to share?" It turns out there are lots of local couples who have passed the 20 year mark, and more than a handful who have 40 or 50 years together.

After years of questions, the patterns in the answers are clear and undeniable. Couples who make it all seem to be working from the same instruction manual. Almost all of them acknowledge difficult times and trying experiences that tested the bounds of their love. But they have survived and in many cases they have

As we approach another Valentine's Day, a day for lovers of love and romance everywhere, I offer you the simple secrets of lasting love, as revealed in a neighborhood lingerie shop.

The Simple Secrets of Lasting Love

As revealed in a neighborhood lingerie shop

By Brooke Welch



"Spanish Dancer," by Ruth Bernhard (1906-2007), acclaimed photographer of the nude, longtime local resident and a lover of love

1. <u>Be honest</u>.

It seems obvious that if you want a successful relationship, you shouldn't lie to your partner. But the essence of this commitment is deeper than you may think. The first person you must address with honesty is yourself.

A couple is made up of two separate individuals. Each person must be able to own who he or she truly is, and then support each other in this endeavor. One oman stated it this way: "Let him have his life, and don't make him feel bad about it. Do the same for yourself.

2. Be friends.

Successful couples enjoy one another. One woman stated, "We hang out together, like good friends," and then giggled in a way that suggested she goals. In fact, doing everything together

While we're on the topic of friends: Get some. People who have lasting. satisfying relationships with a partner

have lasting, satisfying relationships with others. You will have more appreciation for the time you spend together if you take some time apart, and you will likely discover things about yourself that will make your time together more interesting.

3. <u>Accept change</u>.

Bonfire Madigan, a young, used-tobe-local musician, once wrote, "Change is necessary, inevitable and good." Make this

This is the essence of that first, fateful conversation I had in the shop. By accepting the inevitability of change, you can make friends with it. If you befriend change, you will become curious about it, and if you are curious about something, you tend to stay in a relationship with it

4. <u>Keep smiling</u>.

Almost everyone I've talked with says how important it is to keep your sense of humor. "If you can't laugh, you're lost," said one. Let down your hair and let out your joy. Be the couple that makes everyone sick with all their inside jokes. Laughter is mood and can make a minute seem like a lifetime, in a good way

5. D<u>on't skip the sex</u>.

A mutually pleasurable physical relationship is essential to a lasting, successful partnership, and not just for those with a penchant for lingerie. Sex can help build intimacy and trust. By being a giving and grateful sexual partner, you will let your lover know you care about his or her pleasure, too.

And it can be fun. "He still pinches me every morning on the way out the door," one satisfied customer recalled.

If you are not getting what you want or need from your sexual encounters, do something about it. There really is no excuse for living unfulfilled today, with all of the manuals and videos and other ways to learn what feels good and is satisfying. Of course, this will take honesty, and require you to be friends, and it may change as the years together go by. You will have fun trying, and you may even have to laugh about it now and then.

Here's hoping you get the love you're seeking this Valentine's Day.

relished their time together. This does not mean they have all the same interests and seems to be a certain road to disaster.



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FOOD & WINE



Putting Your Money Where Your Mouth Is

Investing in a restaurant is the ultimate toy in a town obsessed with food and wine

By Barbara Kate Repa

eighborhood residents have watched with a mixture of pride, awe and a touch of despair as long lines of eager food aficionados have queued up outside SPQR nearly every mealtime since the place opened its doors at 1911 Fillmore last September.

The phenomenon is brought to you, at least in part, by Shari Spakes and David Gantenbein, two of the 25 or so investors who ponied up money to fund the restaurant.

Wine director Shelly Lindgren and her husband Greg Lindgren, Executive Chef Nate Appleman and attorney Victoria Libin together own the majority of SPQR. They are the same core team behind A16, the wildly popular southern Italian restaurant in the Marina.

The four founders' connection to the investing couple was first sparked when Shelley Lindgren became one of Spakes' clients at Pacific Heights Skincare and the two struck up a friendship. "Initially, it was a womensupporting-other-women-in-business thing," says Spakes. "I wanted to invest in someone I really care about and believe in.'

The founders' strategy was to have a whole network of investors. Thirty of them anteed up for A16 - and many of those same people put up funding for SPQR.

Libin. a San Francisco entertainment lawyer, was the

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architect of the investment plans for both eateries, finding the locations, negotiating leases and putting together the terms of the investment agreements.

"Investing in a restaurant is extremely risky, which is something I try to convey to everyone from the beginning. Everyone must be an accredited investor who can afford to lose every dollar he or she puts in," Libin says. "You can have all the ingredients for a thriving restaurant, but you

have no control over earthquakes and economic downturns. The Elite Cafe 2049 Fillmore Street • 415.67ELITE www.TheEliteCafe.com

David Gantenbein and Shari Spakes (left) are among the happy investors in SPQR, which has been a whirl of activity since it opened last September. Below, the ubiquitous Roman symbol that provided the name

The owners invited only close friends and family members to invest. Libin credits the managing group's success so far with the fact it abides by a few golden rules.
"First, treat the employees well — and they, in turn, will treat the customers well. Second, be candid with investors, keeping them apprised of both positive and negative things going on behind the scenes. Third, inject passion. And fourth, take care of the larger community and build goodwill there," she says.

A modicum of moderation is helpful, too. "I guess we could have raised twice as much money for SPOR, but we

didn't think it was right to take more than we needed ' she says. "It's also great to be able to provide work for 40 mployees in the area."

Libin was jazzed by the Fillmore location because she had lived in the neighborhood as a law student. "I always loved the street and felt it was underserved," she says.

"Given the density of foot traffic, I always thought it could support more good restaurants."

While working on another restaurant deal, Libin learned that Chez Nous owner Pascal Rigo was thinking of relinquishing the spot at 1911 Fillmore. That bit of news sent the principals into high gear, estimating how much they'd need to raise to purchase the business opportunity from Rigo, re-do the space, buy opening inventory and set aside a month of labor reserves

While the exact terms of SPQR's financing are not public, Libin says investors typically put up about 40 to 49 percent, then get 100 percent of the profits until they break even. "Think of it as preferred stock," she says.

And importantly, all investors must be accredited — meaning they must earn at least \$300,000 per year and have \$1 million in assets. While all deals differ, \$10,000 would be a typical low-end investment contribution for a restaurant start-up, according to Libin.

ANTENBEIN AND SPAKES Say they're confident of the owners' abilities. "Greg's good at finding a funky place and making it sing," says Gantenbein, a Yahoo techie who plays guitar in a rock band. As co-owner of three San Francisco hot watering holes - Rosewood Lounge, 15 Romolo and Rye — Lindgren is no stranger to the music of success.

"We just decided whether to invest by asking ourselves how we would feel if we lost it all. And we knew we had an ace in the hole: Shelley would feel so had that she would give us free wine for the rest of our lives if the deal went bad," says Spakes.

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So You Want to Invest

Comfortable going to Vegas and losing \$10,000?

"I THINK a lot of people think it's glamorous to invest. But the first thing I would say to people is don't put in money you can't lose. Restaurants are unpredictable and you have to be fully prepared for that," says attorney Victoria Libin, who helped structure the investment deals for both A16 and SPQR. "If you're comfortable going to Vegas and losing \$10,000, then you can be a restaurant investor."

In addition to that broad warning, Libin offers potential investors a number of tangible tips.

Make sure you understand all the investment terms. Get a clear picture of your profit share, liquidation preferences and vesting. Get the answers to any questions you may have before signing on to the deal.

Look for managing partners who have skin in the game. Those who have money and equity and blood, sweat and tears invested in a place will be more likely to be motivated to make it succeed and show a profit - or dig out of a hole in tough times.

Make sure management has transparency and good communication skills. "Many people get so caught up with the excitement of being involved with food and wine that they forget to be concerned with the more mundane business matters," says Libin. She advises asking the difficult questions: Who's going to enforce the employment laws? Is there someone who will pay the taxes on time? Are the health and liability insurance covered?

For those who choose to ignore the first three rules, there's a fourth to consider. Look at investing as a fun lark, and sit back fourth to consuer. Look at myon, and let things go where they will.

'A16 Was Such a Big Hit, How Could SPQR Fail'

"And being an investor in SPQR is way less scary than being an investor in A16," the group's first venture together, Spakes says. "A16 was just such a hit, we figured 'How could we fail?' Nothing's gold-plated here at SPQR. But it's like perfect," she says, eying the table settings of earth-colored Heath pottery.

CE THE HARD PART of Writing the check is over, there is little for investors to do but wait and hope. "It's very laissez-faire. We don't do anything. We're just happy to be a part of

Backing the restaurants also brought the couple benefits beyond the occasional preferential seating, discounts on wine and advance tastes of the food that would be served. "They're both in neighborhoods

we wouldn't have come to before," says Gantenbein. "Now we're regulars." The pair also say they're pleased to

receive periodic dividend checks from their investment, and note that they made back the money they put into A16 - plus more - in two years. They used the money to fund the investment in SPQR Now, all the money we make is gravy. In hindsight, I wish we had given them more," says Spakes.

Along with the investment comes

the payoff of camaraderie. "It's like Cheers. Everyone knows your name," said Gantenbein at a recent SPQR dinner after the chef, hostess and several members of the waitstaff stopped by the table to serve up some chitchat. "And it's great to walk into a place and see everyone happy, eating

AN **INSIDER'S** TALE

How Zao Came and Went

By Laura Werlin

T'S A LONG WAY from Vancouver to London to the intersection of Fillmore and California, but that was the route that led to the creation of the Zao Noodle Bar, soon to serve its final bowl of noodles in the neighborhood before being replaced by Pizzeria Delfina.

Back around 1995, my ex-husband Art and I were wandering the streets of Vancouver and noticed that noodle bars far outnumbered every other kind of eating establishment. We'd previously traveled together to Japan, where strands of noodles seemed to match the popularity of rice grain for grain.

I loved noodle soups, and so I fantasized about the idea of opening a noodle bar in San Francisco. The foggy summers and brisk winters seemed like the perfect setting for a casual restaurant serving hot, healthy soups of flavorful broths and noodles.

We even came up with a name for my fantasy noodle bar. We called it Florazuki, a play on my first name combined with a Japanese-sounding suffix.

Our next journey took us to London, where we visited a spectacularly bustling, utterly delicious noodle bar called Wagamama, which has since expanded worldwide into other parts of Europe, the Middle East, Australia, New Zealand and two locations in Boston Watching the throngs of Londoners digging into warming bowls of broth and slurping long strands of soba noodles — and following suit ourselves - I knew that Florazuki was an idea whose time had come

s serendipity would have it, a friend of a friend named Adam Wilner, who had loads of experience in the San Francisco restaurant business, asked to meet with Art about a business concept he had developed. Art was in the investment business and Adam knew Art might be able to provide the



Goodbye Zao, Hello Pizzeria Delfina

A branch of the widely praised Pizzeria Delfina is coming to Fillmore to replace the Zao Noodle Bar at 2406 California Street. The change will take place within 30 to 60 days, depending on when the transfer of the beer and

The site is the one that owners Anne and Craig Stoll wanted, but didn't get, a decade ago when they opened Delfina Restaurant on 18th Street in the Mission District. They opened the first Pizzeria Delfina next door two years ago. Plans for the new location are still tentative, but Stoll said they may include a wood-burning oven and perhaps some dishes from the acclaimed

The new Pizzeria Delfina on California is only a few doors from Dino's, the venerable Fillmore institution at the corner of California and Fillmore. But Anne Stoll said the two are "completely different conceptually."

funding - or at least the advice - he would need to go forward. Adam revealed his concept: a noodle bar - something for which Art had a thorough and visceral appreciation. The two of them met, and not long after, Art agreed to be an investor and Adam's dream got underway. This is when the fun began for me.

While Florazuki was relegated to itmight-have-been status, it turned out I got to enjoy the best parts of the urney without the headaches. Adam feted us with pan Asian-style recipes, many of which he personally developed, while testing the eventual menu. By the time Zao Noodle Bar opened its first location on University Avenue in Palo Alto, I can safely say I had tasted everything on the menu, sometimes more than once. The hungry and the curious practically stampeded the place, clearly

demonstrating the pent-up desire for nourishing, flavorful and healthy food.

Adam continued to refine the menu, calling in Sacramento restaurant owner and cookbook author — and occasional Chronicle food section contributor - Mai Pham to refine the menu and create a few authentic Vietnamese noodle dishes. Again I got to weigh in on the results, which were delicious. Meanwhile, plans for future locations were underway.

Fast-forward a couple of years, and Zao opened its doors in our neighborhood on California Street. The location proved to be an instant hit. Just as in Palo Alto, people came out of the cold and into the warmth and comfort of Zao's noodle and rice dishes.

Despite its success, the California Street location — San Francisco's first and last Zao - will soon close its doors. the Castro, the Sunset and the Marina - have already closed. The cost of doing business here was just too high. Other Zao locations in Óregon, Washington, Emeryville and Palo Alto remain vibrant

OODLES ARE SYMBOLIC of long life, and although that may not life, and although that have proven true for Zao in San Francisco - or for my marriage, for that matter - there's something to be said for being in a neighborhood where a noodle bar stands beside a pizza joint, across from a Mexican place and around the corner from a Peruvian eatery, a chocolate cafe, an authentic and beloved Italian eat-in and take-out establishment and a New Orleans-inspired restaurant, among so many others.

Those of us who live in the neighborhood know that diversity is our true identity, both in our population and the food we put on our forks. Although I'm sad to see Zao go, especially given the personal connection, I welcome Pizzeria Delfina as it takes over the location, knowing that another vital thread is being woven into the tapestry that is uniquely the Fillmore.

And who knows? Maybe now there's an opportunity for Florazuki.

Laura Werlin is a neighborhood resident and the author of Laura Werlin's Cheese Essentials and The All American Cheese and Wine Book, among others. Her website



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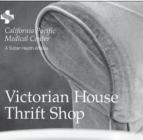
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3730 Clay St	4	3.5	1		21-Dec	3,500,000	3,500,000
3325 Jackson St	4	4.5	2		1-Jan	3,995,000	3,600,000
3730 Washington St	7	5.5	4		20-Dec	14,500,000	14,500,000
2820 Pacific Ave	5	7.5	4	9500	27-Dec	16,000,000	16,000,000
Condo / Coop / TIC / Lofts							
2786 Jackson St		1		472	11-Jan	375,000	375,000
3234 Washington St	1	1			21-Dec	399,000	399,000
1998 Broadway #1002	1	1	1	700	3-Jan	600,000	622,500
2990 Clay St #1	2	1			18-Dec	639,000	640,000
1998 Broadway #1203	1	1	1	817	10-Jan	775,000	740,262
1903 Eddy St #3	3	2	1	1529	20-Dec	749,000	760,000
2421A Buchanan St	2	2		1630	3-Jan	849,000	896,000
2514 Greenwich St	2	2	2	1364	10-Jan	1,279,000	1,279,000
2516 Greenwich St	2	2	2	1475	10-Jan	1,335,000	1,315,000
3450 Clay St	5	4.5	2	3346	18-Dec	3,995,000	3,800,000



Designed by noted architect Willis Polk, 2820 Pacific (left) is a rare street-to-street home, with a front door on Pacific and a backside on Broadway (below).



Wintertime, and the action is slower

We are now in the heart of our winter market, which is traditionally slower, and does not pick up in earnest until late February. There were approximately 50 percent flower recorded sales last month than the month before. However, there were still a couple of important closings: After several months on the market, both 3730 Washington and 2820 Pacific — two grand Pacific Heights and Presidio Heights mansions — finally sold.

While the volume of listings is still low, a few are noteworthy:

While the volume of listings is still low, a few are noteworthy:

In early January, 2702 California came on the market priced at
\$2,995,000. With five bedrooms and almost 6,000 square feet, it is a good value

for the neighborhood and is likely to go into contract quickly.

Also early in the month, a new TIC project was listed at 2727

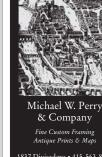
Jackson. There are two remodeled one-bedroom units and one studio listed between \$389,000 and \$589,000. The Ellis Act has been invoked on the building, so potential buyers should be aware of the condo conversion and

rental issues associated with such a building before making an offer. Through 2007, the San Francisco market — and this neighborhood in particular — remained strong. But with the stock market on a roller coaster and general agreement that the national exconomy is in a recession, the picture for San Francisco housing may not be as rosy this year. Nonetheless, the first few weeks of 2008 have not appeared much different from recent years. Open houses and broker tours are busy. And while some buyers are waiting on the sidelines, other are making offers and properties are going into contract.

 Data and commentary provided by JOHN FITZGERALD, a co-owner of the Byzantium Brokerage and an agent at Pacific Union. Contact him at jfitzgerald@pacunion.com or call 345-3034.







■ RENOVATING AN ATTIC | FOURTH IN A SERIES

Then Came the Rain

Grand plans interrupted by weather and water

AM WRITING this in exile.
Our project to convert the attic of our 1890 Victorian into a loft-like living space has hit some unexpected turbulence, as have we.

Last month we were beginning to patch and repair the ceiling, which was insulated and sheetrocked in an earlier renovation about a decade ago.

a decade ago.

But the insulation was wet — some of it very wet. The roofer was consulted, but there was no leak.

It appears the problem arose because the 6-inch space between the ceiling and the roof was stuffed with insulation, leaving no room for air circulation. As a result, the top of the house had been sweating every day as it heated up and cooled down, which resulted up and cooled down, which resulted in disintegrating ceiling filled with sopping were insulation.

It would all have to come down — all of the wallboard and all of the insulation. It would all have to be rebuilt, with the meticulous installation of rigid insulation — thinner, with room for air to circulate, but each piece must be cut to fit precisely between the rafters. The roofer would have to come back and cut vents into the roof to allow in the air.

At which point the big winter storm hit, and the gutters backed up and poured water into the house.

We decided to escape for the holidays. We'd foregone a Christmas tree and decorations because the house was a war zone. My wife proposed that we go to a hotel and pretend to be festive for a couple of days. So we checked into the Huntington on Nob Hill.

Now this was more like it.

Now this was more like it.

The Huntington had housed high-class apartments before the United Nations was created across the street in 1945 and the owners foresaw that San Francisco would become an ever more international city needing ever more hotels. The Huntington

is still family owned, and one of the five brothers and sisters who run it now saw that we got an expansive suite overlooking the lights on the trees in Huntington Park.

The jumble of rafters rises to 15 feet in places — and all of them

had to be stripped bare for new insulation

We crossed the street to Grace Cathedral and walked the labyrinth, then stopped to take in the Christmas decorations at the Fairmont and the Mark Hopkins, Dinner downstairs at The Big 4 fit the mood — why not have the elk Rossini and a good lusty Zinfandel?

The next day, Christmas Eve, we settled in by the hotel pool, otherwise known as the Nob Hill Spa. Friends later told us it was bitingly cold on the street, but the deck on the south side of the pool was sunny and warm. Carlos rolled out lunch — a seared scallop salad and an icy bucket of champagne. And four oatmeal raisin cookies. We caught up on magazines and both dug into new books we'd been wanting to read.

Christmas Eve dinner? Let's just have room service. And sleep like children all snuggled in bed, a few blocks from home but a million miles away.

It didn't last. Now it's nearly February and there's little visible progress. But the builders still show up promptly at 7 most mornings, and they're working hard and doing everything right.

As construction has dragged on, with its noise and disruption, she's rented an office for work, and I've rented an apartment for sleep. Surely better days are ahead. Our project and our priorities will get back on track. And we'll get back our joy.

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Yes on B: Keep Police on the Street

San Francisco is short up to 300 police officers, with 600 more set to retire in the next four years. Proposition B will encourage experienced police officers to postpone retirement to give increased recruitment a chance to reduce the shortage. all at no additional cost to the pension plan.

No on C: Keep Alcatraz in the National Park System Proposition C would make it city policy to urge the National Park Service to give Alcatraz Island to the city for a peace and mediation center. Alcatraz is a National Landmark, part of Golden Gate National Park and should remain that way.



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Can Spring Be Far Behind?

The daffodils are planted and a cleanup is coming









Alta Plaza Park and Lafayette Park will both get an early spring cleaning on February 23 during the annual visit of the city's Community Clean Team.

Volunteers are welcome at both parks to join the effort, scheduled from 9 a.m. to noon. Lunch will be provided.

At Alta Plaza, the focus will be on basic cleaning and weeding. At Lafayette Park, the project is to paint the playground. If it rains within 48 hours of the event, the painting will be canceled.

Another activity that day may involve looking for sprouting daffodils. In December, volunteers at Alta Plaza Park planted 1,500 bulbs donated by California Pacific Medical Center In mid-January, Friends of Lafayette Park planted crates of bulbs donated by nearby residents Ted and Ann Simon

Alta Plaza Park Volunteers - a new group — chose flower beds at the entrances of the park for the bulbs. At Lafavette Park, the bulbs were planted on the slopes of the park's central hill.

Both parks now have regular volunteer work days. At Lafayette Park, a hardy corps turns out on the first Saturday morning of every month. At Alta Plaza Park, the work day is the first Sunday of the month, which is also Pug Sunday, the monthly gathering of wners of pug dogs.

Additional volunteers are welcome at both parks.

Volunteers from the Junior League prepare for springtime in Alta Plaza Park (top left). Friends of Lafayette Park plant daffodil bulbs (center) as their leader Kim Barnes

When Minnie Embraced the 'Limey Leonardo'

By NICOLA LANE

ONDON - In 1973 I was a recent graduate from art school and I traveled to the U.S. to seek fame and fortune as an artist. I traveled by Greyhound bus from New York to revisit San Francisco, the city where I was born in 1949, and where my father was first posted when he began his career as a diplomat.

In those days my specialty was painting portraits of people in the context of their home. In the search for commissions, I visited the Hoover Gallery and showed the gallery owner, Herbert Hoover, photos of my work. He gave me a commission to paint his wife, the charming Mrs. "Pinky" Hoover, who was very good to me. I painted her seated in the splendor of her drawing room, in their Pacific Heights mansion, surrounded by beautiful works of art. Meanwhile I was exploring San Francisco as much as a very impoverished young artist could. I had a lonely existence in my studio flat. But one night some friends took me to Minnie's Can-Do Club on Fillmore Street.

The minute I saw Minnie Baker regally seated by the door, I knew I wanted to paint her, but I was too nervous to ask. Pinky Hoover helped me rehearse what I was going to say. Scared but determined. I went to the Can-Do and asked to speak to Minnie. "I really want to do a portrait of you," I said, "but I can't do it for nothing. So I wonder if you would think about how much ..." I faltered. I shall never forget Minnie's swift, appraising eyes taking me in. She said, "I'll pay you same as the bar staff, every Friday.



THE CAN-DO CLUB

In the 70s, Minnie's Can-Do Club was at 1915 Fillmore.

And she did. I would arrive at midday when the Can-Do opened, go to the back room where the beer was stored and where I kept the painting and my palette, paints and brushes. I would set up by the front window, my back to the light, facing the length of the bar, And I painted, I asked Minnie what she wanted in the painting. She chose the new jukebox, the new Coors beer sign with its rippling waterfall, her favorite jewelry and headscarf. I put in the ping-pong table — it was just installed — and the TV, with Senator Sam Ervin, scourge of the Watergate trials, on the screen. You can also see the walls painted silver and the

It took a long time. The Can-Do became my place of warmth and safety. My English accent was exotic. "Hell now," I heard one regular say, "she sounds just like Basil Rathbone." And I became known as "The Limey Leonardo."

Minnie was wonderful to me. She took me around to the neighborhood bars and tried to get me a commission to paint Wilt "The Stilt" Chamberlain, the retired basketball star elegantly running a very stylish bar — but he politely declined the opportunity to be painted by me. She found me work designing posters for gigs, the poetry nights, designing decorations for the retirement party of a local Chinese grocer - he loved fishing, so on the window of his shop I painted a fisherman by a river. I remember the roast suckling pigs, with their golden roasted skin cut like armor, being carried in for the feast.

My mother came to visit me from London and was also embraced and celebrated by Minnie. With her son Aaron, she took us on an evening of fancy restaurants and bars in uptown San Francisco. She took us to her friend Connie's soul food restaurant next door to the Can-Do. My mother still has the menu - and a lovely Christmas card from Minnie showing her and Aaror holding my painting.

When the painting was finally finished there was a party in the Can-Do and it was hung above the bar. I said goodbye to Minnie, who had been such a marvelous supporter of the young, shy artist I was then. Saying goodbye was hard. She said, "The world comes to me, I stay here and people leave." I have never stopped thinking about her and her power to heal and take care of people. That's what she did for me.

I am so happy to find Minnie again. It is no surprise that instead of taking it easy at 74, Minnie is sailing around the world. She's in the merchant marine! I am so thrilled she is still here, and still grooving

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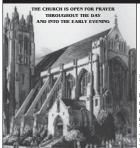
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